



Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs

Monday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *tomato and rice soup*, grilled cheese & ham on oat bread, Italian potato salad & dessert cart

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: veal with peppers, mushroom & onion, rice & beans, brussel sprouts

Dinner By Sea: baked basa filet

Dessert: pecan danish

Tuesday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *cheeseburger soup*, breaded chicken over salad & lemon mousse

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: glazed pork tenderloin, vail potatoes, roasted summer squash

Dinner By Sea: grilled tuna steak

Dessert: chocolate chip cake

Wednesday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *beef & bean soup*, Western omelet, mushroom salad & fresh fruit cup

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: chicken francese, barley pilaf, green beans

Dinner By Sea: baked haddock

Dessert: strawberry cake

Thursday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *hearty vegetable soup*, hamburger, French fries & apple streudel

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: roasted turkey, stuffing, mashed yams, buttered corn

Dinner By Sea: baked flounder

Dessert: pumpkin loaf

Menu is for the week of Monday September 10, 2018 thru Sunday September 16, 2018



Friday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *minestrone soup, pizza & dessert cart*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Chef's Choice: shrimp & scallop scampi, buttered noodles, sweet peas

Alternate: kielbasa, pepper and potato bake

Dessert: mini chocolate tarts

Saturday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *chicken noodle soup, roast beef, lettuce & tomato on a Kaiser roll, pasta salad & watermelon*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: chicken cordon bleu, rice pilaf, broccoli

Dinner By Sea: baked tilapia

Dessert: cheese cake

Sunday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *mushroom barley, battered cod, tarter sauce, cole slaw & ice cream*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Special Dinner: *penne with bolognese sauce, garlic bread*

Dinner By Sea: *homestyle haddock*

Dessert: Martinique pie



Island Bistro Breakfast

Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any



style- your options are endless!