



Example
DAILY CALENDAR

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

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|--|---|---|--|--|---|---|
| | <p>1 10am-Visiting Nurse 11am-Gift Shop Open 2pm-Stroll on the Beach 3pm-Coffee&Tea / Snacks 3pm-BINGO 6pm-Movie 6:30pm-Computer Classes 7pm-Card Games</p> | <p>2 9am-Beauty Parlor Open 10am-Counselor 2pm-Exercise Class in Wellness Center 3pm-BINGO 6pm-Movie 6:30pm-Current Events 7pm-Meet Friends in Lounge</p> | <p>3 9am-Jewelry Making 10am-Podiatrist On-Site 1pm-Gift Shop Open 1:30pm- Knitting Class 2pm-Beauty Parlor Open 2pm-Seniorcise in Wellness Center 3pm-Coffee&Tea /Snacks 3pm-Catholic Service 6pm-Movie</p> | <p>4 10am-Visiting Nurse 10am-Arts&Crafts 11am-Seniorcise in Wellness Center 1pm-Internet Shopping 2pm-Open Mike 3pm-Coffee&Tea/Snacks 6pm-Movie 7pm-Trivia in the Library</p> | <p>5 9am-Beauty Parlor 10am-General Physician On-Site 10am-Beading in Arts& Crafts 11am-Yoga in Wellness Center 2pm-Piano Man with Martha 2:45pm-Bingo 6pm-Movie 8pm-Card Game</p> | <p>6 10am-Fresh Donuts in Lounge 11am-Group Beach Stroll 1pm-Gift Shop Open 1:30pm-Classic Movie 2pm-Coffee&Tea/Snacks 3pm-Computer Slots 6pm-Movie</p> |
| <p>7 11am-Exercise in Wellness Center 1:30pm-Classic Movie 2pm-BINGO 3pm-Bird Watching in Garden 4pm-Coffee in Lounge with Friends 6pm-Movie</p> | <p>8 10am-Visiting Nurse 11am-Gift Shop Open 2pm-Stroll on the Beach 3pm-Coffee&Tea / Snacks 3pm-BINGO 6pm-Movie 6:30pm-Computer Classes 7pm-Card Games</p> | <p>9 9am-Beauty Parlor Open 10am-Counselor 2pm-Exercise Class in Wellness Center 3pm-BINGO 6pm-Movie 6:30pm-Current Events 7pm-Meet Friends in Lounge</p> | <p>10 9am-Jewelry Making 10am-Podiatrist On-Site 1pm-Gift Shop Open 1:30pm- Knitting Class 2pm-Beauty Parlor Open 2pm-Seniorcise in Wellness Center 3pm-Coffee&Tea /Snacks 3pm-Catholic Service 6pm-Movie</p> | <p>11 10am-Visiting Nurse 11am-SHOPPING OUTING 11am-Seniorcise in Wellness Center 1pm-Online Museum Visit 2pm-Open Mike 3pm-Coffee & Tea/Snacks 6pm-Movie 7pm-Trivia in Library</p> | <p>12 9am-Beauty Parlor 10am-General Physician On-Site 10am-Beading in Arts& Crafts 11am-Yoga in Wellness Center 2pm-Piano Man with Martha 2:45pm-Bingo 6pm-Movie 8pm-Card Game</p> | <p>13 10am-Fresh Donuts in Lounge 11am-Group Beach Stroll 1pm-Gift Shop Open 1:30pm-Classic Movie 2pm-Coffee&Tea/Snacks 3pm-Computer Slots 6pm-Movie</p> |
| <p>14 11am-Exercise in Wellness Center 1:30pm-Classic Movie 2pm-BINGO 3pm-Cards in the Game Room 4pm-Visiting Avon Lady 6pm-Movie</p> | <p>15 10am-Visiting Nurse 11am-Gift Shop Open 2pm-Stroll on the Beach 3pm-Coffee&Tea / Snacks 3pm-BINGO 6pm-Movie 6:30pm-Computer Classes 7pm-Card Games</p> | <p>16 9am-Beauty Parlor Open 10am-Counselor 2pm-Exercise Class in Wellness Center 3pm-BINGO 6pm-Movie 6:30pm-Current Events 7pm-Meet Friends in Lounge</p> | <p>17 9am-Jewelry Making 10am-Podiatrist On-Site 1pm-Gift Shop Open 1:30pm- Knitting Class 2pm-Beauty Parlor Open 2pm-Seniorcise in Wellness Center 3pm-Coffee&Tea /Snacks 3pm-Catholic Service 6pm-Movie</p> | <p>18 10am-Visiting Nurse 11am-Exercise in Wellness Center 1pm-Comuter Classes 2pm-Open Mike 3pm-Coffee& Tea/Snacks 6pm-Movie 6:30pm-Currents Events</p> | <p>19 9am-Beauty Parlor 10am-General Physician On-Site 10am-Beading in Arts& Crafts 11am-Yoga in Wellness Center 2pm-Piano Man with Martha 2:45pm-Bingo 6pm-Movie 8pm-Card Game</p> | <p>20 10am-Coffee in the Lounge 11am-Stretch Class 1pm-Gift Shop Open 1:30pm-Classic Movie 2pm-Coffee & Tea/Snacks 6pm-Movie</p> |
| <p>21 11am-Exercise in Wellness Center 1:30pm-Classic Movie 2pm-BINGO 3pm-Bird Watching in Garden 4pm-Coffee in Lounge with Friends 6pm-Movie</p> | <p>22 10am-Visiting Nurse 11am-Gift Shop Open 2pm-Stroll on the Beach 3pm-Coffee&Tea / Snacks 3pm-BINGO 6pm-Movie 6:30pm-Computer Classes 7pm-Card Games</p> | <p>23 9am-Beauty Parlor Open 10am-Counselor 2pm-Exercise Class in Wellness Center 3pm-BINGO 6pm-Movie 6:30pm-Current Events 7pm-Meet Friends in Lounge</p> | <p>24 9am-Jewelry Making 10am-Podiatrist On-Site 1pm-Gift Shop Open 1:30pm- Knitting Class 2pm-Beauty Parlor Open 2pm-Seniorcise in Wellness Center 3pm-Coffee&Tea /Snacks 3pm-Catholic Service 6pm-Movie</p> | <p>25 10am-Visiting Nurse 11am-Exercise in Wellness Center 1pm-Comuter Classes 2pm-Open Mike 3pm-Coffee& Tea/Snacks 6pm-Movie 6:30pm-Currents Events</p> | <p>26 9am-Beauty Parlor 10am-General Physician On-Site 10am-Beading in Arts & Crafts 11am-Exercise in Wellness Center 2pm-BIRTHDAY PARTY 2:30pm-Music Entertainment 6pm-Movie 8pm-Card Games</p> | <p>27 10am-Coffee in the Lounge 11am-Stretch Class 1pm-Gift Shop Open 1:30pm-Classic Movie 2pm-Coffee & Tea/Snacks 6pm-Movie</p> |

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11am-Exercise in Wellness Center
1:30pm-Classic Movie
2pm-BINGO
3pm-Bird Watching in Garden
4pm-Coffee in Lounge with Friends
6pm-Movie

29
10am-Visiting Nurse
11am-Gift Shop Open
2pm-Stroll on the Beach
3pm-Coffee&Tea / Snacks
3pm-BINGO
6pm-Movie
6:30pm-Computer Classes
7pm-Card Games

30
9am-Beauty Parlor Open
10am-Counselor
2pm-Exercise in Wellness Center
3pm-BINGO
6pm-Movie
6:30pm-Current Events
7pm-Meet Friends in Lounge



Senior Residences on the Beach

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<http://www.islandshores.org>