



Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs

Monday



-Lunch-

Chef's Choice: *tomato & orzo soup, monte cristo sandwich, cole slaw & dessert cart*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: veal with peppers & onions, rissole potatoes, baked zucchini

Dinner By Sea: baked basa filet

Dessert: lemon crunch cake

Tuesday



-Lunch-

Chef's Choice: *beef vegetable soup, breaded chicken with mandarin oranges over Mesclun salad*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: glazed pork tenderloin, roasted new potatoes, green beans

Dinner By Sea: grilled swordfish

Dessert: cherry marble cake

Wednesday



-Lunch-

Chef's Choice: *hearty vegetable soup, Philly cheese steak, sidewinders & fresh fruit cup*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: chicken cacciatore, rice with black beans, Monaco mixed vegetables

Dinner By Sea: baked catfish

Dessert: golden fudge cake

Thursday



-Lunch-

Chef's Choice: *butternut squash & apple soup, broccoli & cheese quiche, macaroni salad & chocolate chip cookies*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: meatloaf, mashed potatoes, buttered corn

Dinner By Sea: baked tilapia

Dessert: NY style crumb cake

Menu is for the week of Monday January 7, 2019 thru Sunday January 13, 2019



Friday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *minestrone soup*, pepperoni pizza & dessert cart

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Chef's Choice: glazed salmon, barley pilaf, baby carrots

Alternate: liver & onions

Dessert: chocolate chip iced cake

Saturday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *Italian wedding soup*, bratwurst, sauerkraut, baked beans & apple cobbler

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: ¼ baked chicken, roasted sweet potatoes, roasted brussel sprouts

Dinner By Sea: grilled tuna steak

Dessert: marble blueberry cheesecake

Sunday



Island Bistro Breakfast

-Lunch-

Chef's Choice: *chicken noodle soup*, battered cod, tarter sauce, chic pea salad & ice cream

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Special Dinner: *penne with bolognaise sauce, garlic bread*

Dinner By Sea: *baked flounder filet*

Dessert: peach pie



Island Bistro Breakfast

Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any style- your options are endless!

