



*Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs*

## Monday



### -Lunch-

**Chef's Choice:** *tomato & pasta soup, grilled cheese & bacon on 12 grain bread, macaroni salad & dessert cart*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** apple stuffed veal, new red roasted potatoes, winter blend vegetables

**Dinner By Sea:** baked catfish filet

**Dessert:** strawberry cake

## Tuesday



### -Lunch-

**Chef's Choice:** *beef & lentil soup, breaded chicken with pineapple over salad & chocolate pudding*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** glazed pork tenderloin, rice with lentils, roasted summer squash

**Dinner By Sea:** baked basa filet

**Dessert:** lemon loaf cake

## Wednesday



### -Lunch-

**Chef's Choice:** *hearty vegetable soup, hamburgers, onion rings & fresh fruit salad*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** chicken caprese, barley pilaf, glazed baby carrots

**Dinner By Sea:** grilled swordfish

**Dessert:** golden iced cake

## Thursday



### -Lunch-

**Chef's Choice:** *3 sisters soup, broccoli & cheese quiche, beet salad & chocolate chip cookies*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** meatloaf, mashed potatoes, buttered corn

**Dinner By Sea:** baked tilapia

**Dessert:** Valentine's Day cake

*Menu is for the week of Monday February 11, 2019 thru Sunday February 17, 2019*



## Friday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** 16 bean soup, pizza & dessert cart

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Chef's Choice:** Boston baked cod, potatoes Anna, roasted asparagus

**Alternate:** kielbasa & sauerkraut

**Dessert:** cheese danish

## Saturday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** Manhattan clam chowder, grilled Cuban sandwich, cole slaw & tapioca pudding

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** breaded chicken cutlet with gravy, roasted sweet potatoes, broccoli

**Dinner By Sea:** baked haddock

**Dessert:** cheese cake

## Sunday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** chicken noodle soup, shrimp salad platter with potato salad & ice cream

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Special Dinner:** eggplant rollatini, bowtie pasta with marinara sauce, garlic bread

**Dinner By Sea:** baked flounder

**Dessert:** coconut custard pie



## Island Bistro Breakfast

### Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



#### Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



#### Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any style- your options are endless!

