




*Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs*

## Monday

  
Island Bistro Breakfast  
**-Lunch-**

**Chef's Choice:** *tomato & rice soup, grilled ham & swiss on multigrain bread, beet salad & dessert cart*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** veal marsala, roasted Yukon potatoes, sweet peas

**Dinner By Sea:** baked catfish

**Dessert:** triple chocolate cake

## Tuesday

  
Island Bistro Breakfast  
**-Lunch-**

**Chef's Choice:** *potato leek soup, grilled chicken over Mesclun salad & French vanilla mousse*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** baked pork chop, yams, green beans

**Dinner By Sea:** baked basa filet

**Dessert:** pineapple upside down cake

## Wednesday

  
Island Bistro Breakfast  
**-Lunch-**

**Chef's Choice:** *hearty vegetable soup, Philly cheese steak, French fries & fresh fruit cup*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato


### **-Dinner-**

**Chef's Choice:** linguini with clam sauce, baked zucchini, Italian bread

**Alternate:** bratwurst with sauerkraut, baked potato, mixed vegetables

**Dessert:** golden fudge cake

## Thursday

  
Island Bistro Breakfast  
**-Lunch-**

**Chef's Choice:** *butternut & sweet potato soup, baby spinach & mozzarella cheese omelet, artichoke salad & apple cobbler*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** beef burgundy, egg noodles, baby carrot

**Dinner By Sea:** baked tilapia

**Dessert:** marshmallow cake

*Menu is for the week of Monday February 4, 2019 thru Sunday February 10, 2019*



## Friday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** mushroom barley soup, pierogis & sautéed onion, cucumber salad & dessert cart

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Chef's Choice:** homestyle haddock, rice with black beans, roasted brussel sprouts

**Alternate:** chili con carne

**Dessert:** banana cream pie

## Saturday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** country lentil soup, pastrami on rye, cole slaw & fresh fruit cup

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** ¼ baked chicken, macaroni & cheese, broccoli

**Dinner By Sea:** baked tuna steak

**Dessert:** marble cherry cheese cake

## Sunday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** chicken noodle soup, seafood salad platter with potato salad & ice cream

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Special Dinner:** eggplant rollatini, penne with marinara sauce, garlic bread

**Dinner By Sea:** baked flounder

**Dessert:** crumb cake



## Island Bistro Breakfast

### Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



#### Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



#### Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any style- your options are endless!

