




*Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs*

## Monday

  
Island Bistro Breakfast  
**-Lunch-**

**Chef's Choice:** *tomato orzo soup*, grilled cheese & bacon on oatnut bread, macaroni salad & dessert cart

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

**-Dinner-**

**Dinner By Land:** veal with peppers & onions, rice & lentils, baked zucchini

**Dinner By Sea:** home-style haddock

**Dessert:** blueberry marble

## Tuesday

  
Island Bistro Breakfast  
**-Lunch-**

**Chef's Choice:** *cheeseburger mushroom soup*, grilled chicken over salad with pinapples & chocolate mousse

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

**-Dinner-**

**Dinner By Land:** breaded pork chop, baked sweet potato, broccoli

**Dinner By Sea:** baked red snapper

**Dessert:** red velvet cake

## Wednesday

  
Island Bistro Breakfast  
**-Lunch-**

**Chef's Choice:** *hearty vegetable soup*, hamburger, onion rings & fresh fruit cup

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

**-Dinner-**

**Chef's Choice:** linguini & clam sauce, Italian bread, battered mushrooms

**Alternate:** chicken with Roasted peppers & fresh mozzarella, baked potato

**Dessert:** French crumb cake

## Thursday

  
Island Bistro Breakfast  
**-Lunch-**

**Chef's Choice:** *cabbage & rice soup*, sausage, egg & cheese on a biscuit, beet salad & apple turnover

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

**-Dinner-**

**Dinner By Land:** beef burgundy, egg noodles, baby carrots

**Dinner By Sea:** baked catfish

**Dessert:** chocolate fudge cake

*Menu is for the week of Monday April 8, 2019 thru Sunday April 14, 2019*



## Friday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** mushroom barley soup, pizza & dessert cart

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Chef's Choice:** Boston baked cod, potatoes Anna, sweet peas

**Alternate:** liver and onions

**Dessert:** chocolate loaf cake

## Saturday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** ham & split pea soup, sloppy Joe on a roll, sweet potato fries & chocolate chocolate chip cookies

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** breaded chicken cutlet with gravy, rice & beans, cauliflower

**Dinner By Sea:** baked tilapia

**Dessert:** cheese cake

## Sunday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** chicken noodle soup, battered cod with tarter sauce, cole slaw & ice cream

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Special Dinner:** spaghetti & meatballs, garlic bread

**Dinner By Sea:** baked flounder Filet

**Dessert:** cherry pie



## Island Bistro Breakfast

### Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



#### Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



#### Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any style- your options are endless!

