



*Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs*

## Monday



Island Bistro Breakfast

### **-Lunch-**

**Chef's Choice:** *tomato orzo soup, grilled swiss & turkey on pumpernickel bread, pasta salad & dessert cart*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** veal with peppers & onions, rice & kidney beans, roasted squash medley

**Dinner By Sea:** baked basa filet

**Dessert:** marble blueberry cake

## Tuesday



Island Bistro Breakfast

### **-Lunch-**

**Chef's Choice:** *potato & cheese soup, grilled chicken with strawberries over mesclun salad & tapioca pudding*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** glazed pork tenderloin, baked yams, green beans

**Dinner By Sea:** baked catfish

**Dessert:** chocolate iced cake

## Wednesday



Island Bistro Breakfast

### **-Lunch-**

**Chef's Choice:** *hearty vegetable soup, hamburgers, French fries & fresh fruit salad*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Chef's Choice:** chicken francese, barley pilaf, sweet peas

**Dinner By Sea:** grilled swordfish

**Dessert:** cherry cheese danish

## Thursday



Island Bistro Breakfast

### **-Lunch-**

**Chef's Choice:** *butternut squash & sweet potato soup, broccoli & cheese quiche, chic pea salad & chocolate chip cookies*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** beef stroganoff, egg noodles, glazed carrots

**Dinner By Sea:** baked haddock

**Dessert:** Louisiana crunch cake

*Menu is for the week of Monday June 10, 2019 thru Sunday June 16, 2019*



## Friday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** *minestrone soup, pizza & dessert cart*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Chef's Choice:** glazed salmon, potatoes, brussels sprouts, roasted brussels sprouts

**Alternate:** grilled ham steaks with raisin sauce

**Dessert:** choc chip loaf cake

## Saturday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** *navy bean soup, roast beef on hero with lettuce & tomato, artichoke salad & watermelon*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** BBQ ¼ chicken, roasted potatoes, broccoli

**Dinner By Sea:** baked tilapia

**Dessert:** cheese cake

## Sunday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** *chicken noodle soup, hot dogs, sauerkraut, baked beans & ice cream*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Special Dinner:** *lasagna, eggplant sticks, garlic bread*

**Dinner By Sea:** *baked flounder filet*

**Dessert:** lemon meringue pie



## Island Bistro Breakfast

### Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



#### Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



#### Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any style- your options are endless!

