


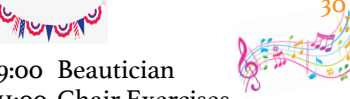



# MONTHLY ACTIVITY SCHEDULE

August 2019

# ISLAND SHORES SENIOR RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	
				<p>8:30 Physical Therapist            10:15 Morning Poker            10:30 Rosary Group Gathering            11:00 Senioricse            1:00 Al Martino Tunes            1:45 Current Events            2:30 Coffee Social            2:45 Outdoor Shuffleboard            6:00 Movie &amp; Popcorn            6:20 Left, Right, Center Dices</p>	<p>9:00 Beautician            10:15 Rummikube            10:30 Stroll to the Beach            11:00 Exercise Tape            11:30 General Store Open            1:00 Italian Love Songs            2:15 Wine &amp; Cheese Social            2:45 Bingo            3:00 Coffee &amp; Tea            6:00 Movie</p>	3	<p>8:30 Physical Therapist            10:15 Independent Crafting            11:00 Exercise            11:30 General Store Open            1:00 Connie Frances Tunes            2:00 <b>Clue</b> Trivia            2:30 Coffee &amp; Conversation            2:45 Bingo            6:00 Saturday Movie</p>
4	5	6	7	8	9	10	
FAMILY DAY							
<p>11:00 Easy Chair Exercises            1:15 Sunday Movie Matinee            1:30 Rosary Group Gathering            2:30 Coffee, Tea &amp; Cookies            2:45 Resident Bingo            6:00 Movie</p>	<p>9:00 Podiatrist            10:30 Catholic Mass            11:15 Exercise            11:30 General Store Open            1:00 Monday Melodies            2:00 August Trivia            3:00 Bingo            6:00 Hallmark Romance</p>	<p>8:30 Physical Therapist            9:00 Beautician            9:45 <b>CASC Shopping Bus</b>            10:15 Summer Crafts            11:15 Chair Dance Aerobics I            1:00 Easy Music Listening            1:00 <b>Avon Calling</b>            1:00 Rosary Group            1:45 Television Trivia            2:30 Coffee, Tea &amp; Cookies            2:45 Jackpot Bingo            6:00 Turner Movie Classics</p>	<p>10:15 <b>Carol's Book Club</b>            10:15 Morning Poker            11:00 Chair Exercises            11:30 General Store Open            1:00 Easy Music Listening            1:45 <b>Sundaes on Wednesdays</b>            2:45 Bingo            6:00 Guys Night at the Movies            6:20 Poker Night</p>	<p>8:30 Physical Therapist            10:15 Uno            10:30 Rosary Group Gathering            11:00 Stretch &amp; Exercise            1:00 Country Tunes            1:30 <b>Fairy Tales, Fables &amp; More w/ Jordana, NYPL</b>            2:00 Therapist            2:30 Coffee, Tea &amp; Cookies            2:45 Outdoor <b>Bullseye Target Toss</b>            6:00 Movie &amp; Popcorn            6:20 Tabletop Horse Racing</p>	<p>9:00 Beautician            10:00 Physician            10:15 Morning Manicures            11:00 Exercise            11:30 General Store Open            1:00 Kenny Rogers Tunes            2:15 Wine &amp; Cheese Social            2:30 <b>Guitarist/Musician Bob D.</b>            3:00 Coffee &amp; Tea            3:30 Resident Garden Pruning            6:00 Comedy</p>	<p>8:30 Physical Therapist            10:15 Independent Crafting            11:00 Exercise            11:30 General Store Open            1:00 Big Band Tunes            2:00 <i>Everyday Life</i> Trivia            2:30 Coffee &amp; Conversation            2:45 Bingo            6:00 Saturday Movie</p>	
11	12	13	14	15	16	17	
							
<p>11:00 Easy Chair Exercises            1:15 Sunday Movie Matinee            1:30 Rosary Group Gathering            2:30 Coffee, Tea &amp; Cookies            2:45 Resident Bingo            6:00 Movie</p>	<p>9:00 Podiatrist            10:30 Catholic Mass            11:15 Senioricse            11:30 General Store Open            1:00 Monday Melodies            1:45 Current Events            2:00 Shopping on the Web            2:30 Coffee, Tea &amp; Cookies            2:45 Bingo            6:00 Residents' Choice Movie</p>	<p>8:30 Physical Therapist            9:00 Beautician            9:45 <b>CASC Shopping Bus</b>            10:15 Uno            11:00 Exercise            1:00 Easy Music Listening            1:00 Rosary Group Gathering            2:00 Fun Facts about Hawaii            2:30 Coffee, Tea &amp; Cookies            2:45 Jackpot Bingo            6:00 Residents Choice Movie</p>	<p><b>CELEBRATE HAWAII</b>            10:30 <b>Spotlight on History: The Hawaiian Luau</b>            11:15 Chair Exercises            11:30 General Store Open            1:00 Easy Music Listening            2:00 <b>Hawaiian Luau w/ The Girls Next Door</b>            2:30 <b>Pina Coladas &amp; Fruit Skewers</b>            6:00 <b>Movie: Blue Hawaii</b>            6:20 Left, Right, Center Dices</p> 	<p>8:30 Physical Therapist            10:15 Dominos            10:30 Rosary Group Gathering            11:00 Senioricse            1:00 Bing Crosby Tunes            12:30 <b>Avon Calling</b>            1:30 <b>Tai Chi w/ Connie</b>            2:00 Therapist            2:30 Coffee Social            2:45 Wii Bowling            6:00 Movie &amp; Popcorn            6:20 Poker Night</p>	<p>9:00 Beautician            10:15 Rummikube            10:30 Stroll to the Beach            11:00 Chair Exercises            11:30 General Store Open            1:00 Dion &amp; The Belmonts Tunes            2:15 Wine &amp; Cheese Social            2:45 Bingo            3:00 Coffee &amp; Tea            6:00 Movie</p>	<p>8:30 Physical Therapist            10:15 Independent Crafting            11:00 Exercise            11:30 General Store Open            1:00 Classical Tunes            2:00 <i>Television</i> Trivia            2:30 Coffee, Tea &amp; Snacks            2:45 Bingo            6:00 Saturday Movie</p>	

<p style="text-align: center;"><b>FAMILY DAY</b> <span style="float: right;">18</span></p> <p>11:00 Easy Chair Exercises  1:15 Sunday Movie Matinee  1:30 Rosary Group Gathering  2:30 Coffee, Tea &amp; Cookies  2:45 Resident Bingo  6:00 Movie</p>	<p style="text-align: center;">19</p> <p>10:30 Catholic Mass  11:15 Exercise  11:30 General Store Open  1:00 Monday Melodies  1:45 Current Events  2:00 Toss 'n Talk-About Ball  2:30 Coffee, Tea &amp; Cookies  2:45 Bingo  3:30 Resident Garden Pruning  6:00 Hallmark Romance</p>	<p style="text-align: center;">20</p> <p>8:30 Physical Therapist  9:00 Beautician  <b>9:45 CASC Shopping Bus</b>  10:15 Summer Crafts  11:15 Chair Dance Aerobics I  1:00 Frank Sinatra Tunes  1:00 Rosary Group Gathering  <b>1:30 Hot Topics w/ Rob, NYPL</b>  2:30 Coffee, Tea &amp; Cookies  2:45 Jackpot Bingo  6:00 Turner Movie Classics</p>	<p style="text-align: center;"> 21</p> <p>10:15 Wii Bowling  11:00 Chair Exercises  11:30 General Store Open  <b>11:30 Shopping Trip: Empire Outlets</b>  1:00 Easy Music Listening  <b>1:45 Sundaes on Wednesdays</b>  2:30 Coffee Social  2:45 Bingo  3:30 Shopping on the Web  6:00 Guy's Night at the Movies  6:20 Poker Night</p>	<p style="text-align: center;">22</p> <p>8:30 Physical Therapist  10:30 Stroll to the Beach  10:30 Rosary Group Gathering  11:00 Stretch &amp; Exercise  1:00 Country Tunes  1:45 Dream of Italy: Puglia  2:00 Therapist  2:30 Coffee Social  2:45 Outdoor Shuffleboard  6:00 Movie &amp; Popcorn  6:20 Phase 10</p>	<p style="text-align: center;"> 23</p> <p>9:00 Beautician  10:00 Physician  10:15 Adult Coloring w/ Marianna  11:00 Chair Aerobics  11:30 General Store Open  1:00 Louis Prima Tunes  2:15 Wine Time!  <b>2:30 August Birthday Party w/ Elvis</b>  3:00 B'Day Cake, Coffee &amp; Tea  6:00 Comedy</p>	<p style="text-align: center;">24</p> <p>8:30 Physical Therapist  10:15 Independent Crafting  11:00 Exercise  11:30 General Store Open  1:00 Sinatra Tunes  2:00 Famous Folks: Trivia, Talk &amp; Ticklers  2:30 Coffee, Tea &amp; Cookies  2:45 Bingo  6:00 Saturday Movie</p>
<p style="text-align: center;"><b>FAMILY DAY</b> <span style="float: right;">25</span></p> <p>11:00 Easy Chair Exercises  1:15 Sunday Movie Matinee  1:30 Rosary Group Gathering  2:30 Coffee, Tea &amp; Cookies  2:45 Resident Bingo  6:00 Movie</p>	<p style="text-align: center;">26</p> <p>9:00 Podiatrist  10:30 Catholic Mass  11:15 Seniorcise  11:30 General Store Open  1:00 Monday Melodies  1:45 Current Events  2:00 Scrabble Slam  2:30 Coffee, Tea &amp; Cookies  2:45 Bingo  3:30 Resident Garden Pruning  6:00 Residents' Choice Movie</p>	<p style="text-align: center;">27</p> <p>8:30 Physical Therapist  9:00 Beautician  <b>9:45 CASC Shopping Bus</b>  10:15 Summer Crafts w/ Marianna  11:00 Exercise  11:30 General Store Open  1:00 Easy Music Listening  1:00 Rosary Group Gathering  <b>1:30 FDNY Presentation: Fire Safety for Seniors</b>  2:30 Coffee, Tea &amp; Cookies  2:45 Jackpot Bingo  6:00 Residents' Choice Movie</p>	<p style="text-align: center;"> 28</p> <p>10:15 Wii Bowling  11:00 Chair Exercises  11:30 General Store Open  1:00 Easy Music Listening  <b>1:45 Sundaes on Wednesdays</b>  2:45 Bingo  3:30 Computer Help  6:00 Guys Night at the Movies  6:20 Poker Night</p>	<p style="text-align: center;">29</p> <p>8:30 Physical Therapist  10:15 Rummikube  10:30 Rosary Group Gathering  11:00 Seniorcise  1:00 Classical Music  <b>1:00 Avon Calling</b>  1:45 Lucille Ball's Comedy Roast  2:30 Coffee Social  2:45 Wii Games  6:00 Movie &amp; Popcorn  6:20 Tabletop Horse Racing</p>	<p style="text-align: center;"> 30</p> <p>9:00 Beautician  11:00 Chair Exercises  11:30 General Store Open  <b>12:00 Labor Day Barbecue</b>  <b>2:00 Live Entertainment w/ Island's Favorite Duet</b>  <b>2:30 Refreshments &amp; More</b>  3:00 Coffee &amp; Tea  <b>6:00 Movie: Labor Day</b></p> <p style="text-align: center;">  HAPPY LABOR DAY !!!</p>	<p style="text-align: center;">31</p> <p>8:30 Physical Therapist  10:15 Independent Crafting  11:00 Exercise  11:30 General Store Open  1:00 Big Band Tunes  2:00 Can you Name 5 Trivia?  2:30 Coffee &amp; Conversation  2:45 Bingo  6:00 Saturday Movie</p>

Activity Schedule is Subject to Change.

Rev. 7/30/19