

MONTHLY ACTIVITY SCHEDULE

September 2019

ISLAND SHORES SENIOR RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>1</p> <p>FAMILY DAY</p> <p>11:00 Easy Chair Exercises 1:15 Sunday Movie Matinee 1:30 Rosary Group Gathering 2:30 Coffee, Tea & Cookies 2:45 Resident Bingo 6:00 Movie</p>	<p>2</p> <p>HAPPY LABOR DAY</p>  <p>1100 Exercise 11:30 General Store Open 1:00 Monday Melodies 2:00 Labor Day Word Searches 2:45 Bingo 6:00 Hallmark Romance</p>	<p>3</p> <p>8:30 Physical Therapist 9:00 Beautician 9:45 CASC Shopping Bus 10:30 Catholic Mass 11:15 Exercise 1:00 Easy Music Listening 1:30 Rosary Group Gathering 1:45 Jumbo Group Crossword 2:30 Coffee, Tea & Cookies 2:45 Jackpot Bingo 6:00 Turner Movie Classics</p>	<p>4</p> <p>10:15 Carol's Book Club 10:15 Adult Coloring: <i>Decorative Designs</i> 11:15 Stretch & Exercise 11:30 General Store Open 1:00 Travel Songs 1:30 Rosary Group Gathering 2:00 <i>Wii Bowling</i> 2:45 Bingo 6:00 Hallmark Romance</p>	<p>5</p> <p>8:30 Physical Therapist 10:15 Uno 10:30 Rosary Group Gathering 11:00 Chair Dance Aerobics 1:00 Italian Love Songs 1:45 Current Events 2:00 Therapist 2:30 Coffee, Tea & Cookies 2:45 Outdoor Shuffleboard 6:00 Movie 6:20 Poker Night</p>	<p>6</p> <p>9:00 Beautician 10:00 Physician 10:15 Morning Manicures 11:30 General Store Open 1:00 Michael Bolton Tunes 1:00 Joanne's Fall Jewelry Sale 2:15 Wine & Cheese Social 2:45 Bingo 3:00 Coffee & Tea 6:00 Movie</p>	<p>7</p> <p>8:30 Physical Therapist 10:15 Independent Crafting 11:00 Exercise 11:30 General Store Open 1:00 Big Band Tunes 2:00 <i>This & That</i> Senior Trivia 2:30 Coffee & Conversation 2:45 Bingo 6:00 Saturday Movie</p>
<p>8</p> <p>11:00 Easy Chair Exercises 1:15 Sunday Movie Matinee 1:30 Rosary Group Gathering 2:30 Coffee, Tea & Cookies 2:45 Resident Bingo 6:00 Movie: Grandpa</p> 	<p>9</p> <p>9:00 Podiatrist 10:30 Catholic Mass 11:15 Exercise 11:30 General Store Open 1:00 Monday Melodies 1:45 Grandparents Day Craft 2:30 Cupcakes, Coffee & Tea 2:30 Grandparents Day VIPs 2:45 Bingo 3:30 Computer Help 6:00 Residents' Choice Movie</p>	<p>10</p> <p>8:30 Physical Therapist 9:00 Beautician 9:45 CASC Shopping Bus 10:15 Crocheting & Knitting 11:15 Chair Dance Aerobics I 1:00 Easy Music Listening 1:30 Rosary Group 1:45 <i>Viva Vivaldi in Paris w/ Cecilia Bartoli & Il Giardino A.</i> 2:30 Coffee, Tea & Cookies 2:45 Jackpot Bingo 6:00 Residents' Choice Movie</p>	<p>11</p>  <p>10:15 <i>Wii Bowling</i> 11:00 Chair Exercises 11:30 General Store Open 1:00 Sam Cook Tunes 1:30 Rosary Group Gathering 1:45 Current Events 2:00 Patriot Day Crosswords 2:45 Bingo 6:00 Guys Night at the Movies 6:20 Poker Night</p>	<p>12</p> <p>8:30 Physical Therapist 10:15 <i>Out of Order</i> Unscramble 10:30 Rosary Group Gathering 11:00 Stretch & Exercise 1:00 Country Tunes 12:30 Avon Calling 1:30 NYPL's Fairy Tales & Fables 2:00 Therapist 2:30 Coffee, Tea & Cookies 2:45 Bullseye Target Toss 6:00 Movie & Popcorn 6:20 Tabletop Horse Racing</p>	<p>13</p>  <p>9:00 Beautician 10:00 Physician 10:15 Rummikube 10:30 Stroll to the Beach 11:00 Exercise 11:30 General Store Open 1:00 Paul Anka Tunes 2:15 Wine & Cheese Social 2:30 Musician Robert S. 3:00 Coffee & Tea 6:00 Comedy</p>	<p>14</p> <p>8:30 Physical Therapist 10:15 Independent Crafting 11:00 Exercise 11:30 General Store Open 1:00 Big Band Tunes 2:00 1950's Trivia 2:30 Coffee & Conversation 2:45 Bingo 6:00 Saturday Movie</p>
<p>15</p> <p>FAMILY DAY</p> <p>10:30 Rosary Group Gathering 11:00 Easy Chair Exercises 1:15 Sunday Movie Matinee 2:30 Coffee, Tea & Cookies 2:45 Resident Bingo 6:00 Movie</p>	<p>16</p> <p>10:30 Catholic Mass 11:15 Seniorcise 11:30 General Store Open 1:00 Monday Melodies 2:00 September Word Searches 2:30 Coffee, Tea & Cookies 2:45 Bingo 6:00 Hallmark Romance</p>	<p>17</p> <p>8:30 Physical Therapist 9:00 Beautician 9:45 CASC Shopping Bus 10:15 Sand Art Craft 11:00 Exercise 1:00 Easy Music Listening 1:30 Rosary Group Gathering 1:45 Sing-along w/ Marianna 2:30 Coffee, Tea & Cookies 2:45 Jackpot Bingo 6:00 Turner Movie Classics</p>	<p>18</p>  <p>10:15 <i>Wii Bowling</i> 11:00 Chair Exercises 11:30 General Store Open 11:30 Restaurant Outing 1:00 Easy Music Listening 1:30 Rosary Group Gathering 1:45 Shopping on the Web 2:30 Coffee Social 2:45 Discover Italian Gardens: <i>Rome</i> 2:45 Bingo 6:00 Guy's Night at the Movies 6:20 Poker Night</p>	<p>19</p> <p>8:30 Physical Therapist 10:15 Dominos 10:30 Rosary Group Gathering 11:00 Seniorcise 1:00 Andrea Bocelli Tunes 1:30 Tai Chi for Memory, Diabetes and Arthritis w/ Connie T. 2:00 Therapist 2:30 Coffee Social 2:45 <i>Wii Bowling</i> 3:30 Computer Help 6:00 Movie & Popcorn 6:20 Left, Right, Center Dices</p>	<p>20</p> <p>9:00 Beautician 10:00 Physician 10:15 Morning Manicures 11:00 Chair Exercises 11:30 General Store Open 1:00 <i>Best of Rock</i> Love Songs 2:15 Wine & Cheese Social 2:45 Bingo 3:00 Coffee & Tea 6:00 Movie</p>	<p>21</p> <p>8:30 Physical Therapist 10:15 Independent Crafting 11:00 Exercise 11:30 General Store Open 1:00 Big Band Tunes 2:00 Finish the Phrase 2:30 Coffee & Conversation 2:45 Bingo 6:00 Saturday Movie</p>

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FAMILY DAY

11:00 Easy Chair Exercises
 1:15 Sunday Movie Matinee
 1:30 Rosary Group Gathering
 2:30 Coffee, Tea & Cookies
 2:45 Resident Bingo
 6:00 Movie

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AUTUMN BEGINS

9:00 Podiatrist
 10:30 Catholic Mass
 11:15 Exercise
 11:30 General Store Open
 1:00 Monday Melodies
 1:45 Kiri Te Kanawa Concert
 Barbican Theater, London
 2:00 *Finishing Lines* Trivia
 2:30 Coffee, Tea & Cookies
 2:45 Bingo
 6:00 Residents' Choice Movie

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8:30 Physical Therapist
 9:00 Beautician
 9:45 **CASC Shopping Bus**
 10:15 Coral Reef Collage Craft
 10:30 **Rosh Hashanah Service**
 11:15 Chair Dance Aerobics I
 1:00 Vic Damone Tunes
 1:30 Rosary Group Gathering
 1:30 **NYPL's Hot Topics**
 2:00 Name Chase: *Historical Figures*
 2:30 Coffee, Tea & Cookies
 2:45 Jackpot Bingo
 6:00 Residents' Choice Movie

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CELEBRATE JEWISH TRADITIONS

10:30 Spotlight on History:
Rosh Hashanah & Yom Kippur
 11:15 Chair Dance Exercises
 11:30 General Store Open
 1:00 Easy Music Listening
 1:30 Rosary Group Gathering
 1:45 **Armchair Travel:**
Secrets of the Dead Sea
 2:30 Jewish *Hamantaschen* Cookies
 2:30 Coffee & Tea
 2:45 Bingo
 6:00 **Movie: Yentl**
 6:20 Poker Night




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8:30 **Atlantic City Casino Trip**
 8:30 Physical Therapist
 10:30 Morning Poker
 10:30 Rosary Group Gathering
 11:15 Stretch & Exercise
 1:00 Lina Sastri Tunes
 1:00 **Avon Calling**
 1:45 Current Events
 2:00 Therapist
 2:30 Coffee Social
 3:00 Lucille Ball's *Comedy Roast*
 6:00 Movie & Popcorn

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9:00 Beautician
 10:00 Physician
 10:15 Scrabble Slam
 11:00 Chair Aerobics
 11:30 General Store Open
 1:00 Louis Prima Tunes
 2:15 Wine Time!
 2:30 **September B'Day Party**
 w/ **Singer Joey D.**
 3:00 B'Day Cake, Coffee & Tea
 6:00 Comedy

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8:30 Physical Therapist
 10:15 Independent Crafting
 11:00 Exercise
 11:30 General Store Open
 1:00 Big Band Tunes
 1:15 **Annie's Fall Candy Sale**
 2:00 Can You Name 10?
 2:30 Coffee & Conversation
 2:45 Bingo
 6:00 Saturday Movie

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FAMILY DAY

11:00 Easy Chair Exercises
 1:15 Sunday Movie Matinee
 1:30 Rosary Group Gathering
 2:30 Coffee, Tea & Cookies
 2:45 Resident Bingo
 6:00 Movie

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HAPPY ROSH HASHANAH

10:30 Catholic Mass
 11:15 Seniorcise
 11:30 General Store Open
 1:00 Monday Melodies
 1:45 Jumbo Group Crossword
 2:30 Coffee, Tea & Cookies
 2:45 Bingo
 6:00 Turner Movie Classics



Activity Schedule is Subject to Change.

Rev. 8/31/19