



Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs

Monday



-Lunch-

Chef's Choice: *tomato Florentine soup*, grilled cheese & tomato on marble rye bread, cucumber & tomato salad & dessert cart

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: veal with mushrooms, shallots & pepper, rice with kidney beans, roasted squash medley

Dinner By Sea: baked basa filet

Dessert: black bottom cake

Tuesday



-Lunch-

Chef's Choice: *3 sisters soup*, breaded chicken with pineapple over salad & French vanilla pudding

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: apple stuffed pork loin, baked yams, green beans

Dinner By Sea: grilled tuna steak

Dessert: red velvet cake

Wednesday



-Lunch-

Chef's Choice: *hearty vegetable soup*, hamburgers, French fries & fresh fruit cup

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Chefs Choice: linguini & clam sauce, garlic bread sticks, battered zucchini sticks

Alternate: grilled chicken w/ sundried tomatoes

Dessert: cheese filled danish

Thursday



-Lunch-

Chef's Choice: *cream of broccoli soup*, Western omelet, chic pea salad & apple cobbler

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: Salisbury steak, baked new red potatoes, sweet corn

Dinner By Sea: baked catfish

Dessert: marshmallow cake

Menu is for the week of Monday September 9, 2019 thru Sunday September 15, 2019



Friday



Island Bistro Breakfast

-Lunch-

Chef's Choice: mushroom barley soup, margherita pizza & dessert cart

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Chef's Choice: pecan crusted tilapia, au gratin potatoes, asparagus

Alternate: grilled ham steak

Dessert: lemon loaf cake

Saturday



Island Bistro Breakfast

-Lunch-

Chef's Choice: Manhattan clam chowder, roast beef hero with lettuce, tomato & mayo, pasta salad & watermelon

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: chicken wing dings, macaroni & cheese, roasted cauliflower

Dinner By Sea: baked haddock

Dessert: marble cheese cake

Sunday



Island Bistro Breakfast

-Lunch-

Chef's Choice: chicken noodle soup, battered cod with tartar sauce, cole slaw & ice cream

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Special Dinner: ravioli with meat sauce, garlic bread

Dinner By Sea: baked flounder filet

Dessert: cherry pie



Island Bistro Breakfast

Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any style- your options are endless!

