

MONTHLY ACTIVITY SCHEDULE

November 2019

ISLAND SHORES SENIOR RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div style="position: absolute; top: 50px; left: 350px; background-color: #8B4513; color: white; padding: 10px; border: 1px solid black;"> <h2 style="margin: 0;">November</h2> </div>						
3	4	5	6	7	8	9
<p>FAMILY DAY</p> <p>11:00 Easy Chair Exercises 1:15 Sunday Movie Matinee 1:30 Rosary Group Gathering 2:30 Coffee, Tea & Cookies 2:45 Resident Bingo 6:00 Movie: Grandpa</p>	<p>9:00 Podiatrist 10:30 Catholic Mass 11:15 Exercise 11:30 General Store Open 1:00 Monday's Melodies 2:00 November Crosswords 2:45 Bingo 6:00 Residents' Choice Movie</p>	<p>★ ★ ★ ★ ★</p> <p>Election Day</p> <p>8:30 Physical Therapist 9:00 Beautician 9:45 CASC Shopping Bus 11:00 Chair Dance Aerobics I 1:00 Easy Music Listening 1:30 Rosary Group Gathering 2:00 Trivia Favorites 2:30 Coffee, Tea & Cookies 2:45 Jackpot Bingo 6:00 Residents' Choice Movie</p>	<p>10:15 Carol's Book Club 10:15 <i>Wii</i> Bowling 11:00 Stretch & Exercise 11:30 General Store Open 1:00 Dean Martin Tunes 1:45 Current Events 2:45 Bingo 6:00 Guys Night at the Movies 6:20 Poker Night</p>	<p>8:30 Physical Therapist 10:15 <i>Out of Order</i> Unscramble 10:30 Rosary Group Gathering 11:00 Stretch & Exercise 1:00 Many Moods of Romance 1:00 Avon Calling 2:00 Therapist 2:00 F. Astaire's Ballroom Dancing 2:30 Coffee, Tea & Cookies 2:45 <i>Wii</i> Bowling 6:00 Movie & Popcorn 6:20 Left, Right, Center Dices</p>	<p>9:00 Beautician 10:00 Physician 10:15 Uno 11:00 Chair Exercises 11:30 General Store Open 1:00 The Marvelettes 2:15 Wine & Cheese Social 2:45 Bingo 3:00 Coffee & Tea 6:00 Movie</p>	<p>8:30 Physical Therapist 10:15 Independent Crafting 11:00 Exercise 11:30 General Store Open 1:00 Neil Diamond Hits 2:00 Can You Name 10? 2:30 Coffee & Conversation 2:45 Bingo 6:00 Saturday Movie</p>
10	11	12	13	14	15	16
<p>FAMILY DAY</p> <p>11:00 Easy Chair Exercises 1:15 Sunday Movie Matinee 1:30 Rosary Group Gathering 2:30 Coffee, Tea & Cookies 2:45 Resident Bingo 6:00 Movie</p>	<p>10:30 Catholic Mass  11:15 Seniorcise 11:30 General Store Open 1:00 Patriotic Melodies 1:30 Tribute to Island Veterans 2:30 Live Entertainment 3:00 Coffee, Tea & Cake 6:00 Movie: Yankee Doodle Dandy</p> <p style="text-align: center;">  </p>	<p>8:30 Physical Therapist 9:00 Beautician 9:45 CASC Shopping Bus 10:15 Crocheting & Knitting 11:00 Exercise 1:00 Easy Music Listening 1:30 Rosary Group Gathering 2:30 Coffee, Tea & Cookies 2:45 Jackpot Bingo 6:00 Turner Movie Classics</p>	<p>10:30 Christmas Tree Shop Outing 11:30 General Store Open 1:00 Easy Music Listening 1:45 Current Events 2:30 Coffee Social 2:45 Bingo 3:30 Computer Help 6:00 Hallmark Holiday Classic</p> <p style="text-align: center;">  </p>	<p>8:30 Physical Therapist 10:15 Adult Coloring 10:30 Rosary Group Gathering 11:15 Seniorcise 1:00 Andrea Bocelli Music 1:30 NYPL's Fairy Tales & Fables 2:00 Therapist 2:30 Coffee Social 2:45 <i>Wii</i> Bowling 3:30 Computer Help 6:00 Movie & Popcorn 6:20 Poker Night</p>	<p>9:00 Beautician 10:00 Physician 10:15 Morning Manicures 11:00 Exercise 11:30 General Store Open 1:00 The Four Season's Hits 2:15 Wine & Cheese Social 2:30 Musician Ian G. 3:00 Coffee & Tea 6:00 Comedy</p> <p style="text-align: center;">  </p>	<p>8:30 Physical Therapist 10:15 Independent Crafting 11:00 Exercise 11:30 General Store Open 1:00 Romantic Classics 2:00 Marianna's Trivia Picks 2:30 Coffee & Conversation 2:45 Bingo 6:00 Saturday Movie</p>

<p style="text-align: right;">17</p> <p style="text-align: center;">FAMILY DAY</p> <p>11:00 Easy Chair Exercises 1:15 Sunday Movie Matinee 1:30 Rosary Group Gathering 2:30 Coffee, Tea & Cookies 2:45 Resident Bingo 6:00 Movie</p>	<p style="text-align: right;">18</p> <p>9:00 Podiatrist 10:30 Catholic Mass 11:15 Exercise 11:30 General Store Open 1:00 Monday's Melodies 1:45 Jumbo Group Crossword 2:30 Coffee, Tea & Cookies 2:45 Bingo 6:00 Residents' Choice Movie</p>	<p style="text-align: right;">19</p> <p>8:30 Physical Therapist 9:00 Beautician 9:45 CASC Shopping Bus 10:15 Holiday Crafts w/ P.S. 23 1:00 Johnny Cash Tunes 1:30 Rosary Group Gathering 1:30 Hot Topics w/ Rob, NYPL 2:30 Coffee, Tea & Cookies 2:45 Jackpot Bingo 6:00 Residents' Choice Movie</p>	<p style="text-align: right;">20</p> <p style="text-align: center;">Celebrate American Traditions: THANKSGIVING</p> <p>10:30 Presentation: <i>The Foods of America's 1st Thanksgiving</i> 11:15 Chair Dance Exercises 11:30 General Store Open 1:00 American Classics 1:45 Travels Through History: 'Of Plimoth Plantation' 2:30 Harvest Snacks, Coffee & Tea 2:45 Bingo 6:00 Thanksgiving Movie: <i>A Time to Remember</i> 6:20 Poker Night</p>	<p style="text-align: right;">21</p> <p>8:30 Physical Therapist 10:15 Adult Coloring: <i>Fall Themes</i> 10:30 Rosary Group Gathering 11:15 Stretch & Exercise 1:00 Tony Bennett Tunes 12:30 Avon Calling 1:30 Tai Chi for Memory, Diabetes & Arthritis 2:00 Therapist 2:30 Coffee Social 2:45 Current Events 6:00 Movie & Popcorn 6:20 Tabletop Horse Racing</p>	<p style="text-align: right;">22</p>  <p>9:00 Beautician 10:00 Physician 10:15 Wii Bowling 11:00 Chair Aerobics 11:30 General Store Open 1:00 Big Band Tunes 2:15 Wine Time! 2:30 November B'Day Party w/ Pianist & Guitarist Eliot G.. 3:00 B'Day Cake, Coffee & Tea 6:00 Comedy</p> 	<p style="text-align: right;">23</p> <p>8:30 Physical Therapist 10:15 Independent Crafting 11:00 Exercise 11:30 General Store Open 1:00 Patsy Cline Tunes 2:00 2:30 Coffee & Conversation 2:45 Bingo 6:00 Saturday Movie</p>
<p style="text-align: right;">24</p> <p style="text-align: center;">FAMILY DAY</p>  <p>11:00 Easy Chair Exercises 12:30 Annie's Thanksgiving Candy Sale 1:45 Rosary Group Gathering 2:30 Coffee, Tea & Cookies 2:45 Resident Bingo 6:00 Movie</p>	<p style="text-align: right;">25</p> <p>10:30 Catholic Mass 11:15 Seniorcise 11:30 General Store Open 1:00 Monday's Melodies 1:45 The Jack Paar Show: <i>Judy Garland's 1st TV Appearance</i> 2:30 Coffee, Tea & Cookies 2:45 Bingo 6:00 Turner Movie Classics</p>	<p style="text-align: right;">26</p> <p>8:30 Physical Therapist 9:00 Beautician 9:45 CASC Shopping Bus 10:15 Rummikube 1:00 Easy Music Listening 1:30 Rosary Group Gathering 1:45 Current Events 2:30 Coffee, Tea & Cookies 2:45 Jackpot Bingo 6:00 Hallmark Holiday Romance</p>	<p style="text-align: right;">27</p> <p>10:15 Wii Bowling 11:00 Chair Exercises 11:30 General Store Open 1:00 Tony Bennett Songs 1:45 Concert: <i>It's a Wonderful World Tony Bennett Live from Las Vegas</i> 2:45 Bingo 6:00 Guys Night at the Movies 6:20 Poker Night</p>	<p style="text-align: right;">28</p>  <p style="text-align: center;">NO ACTIVITIES TODAY</p>	<p style="text-align: right;">29</p> <p>9:00 Beautician 10:00 Physician 10:15 Morning Manicures 11:30 General Store Open 1:00 Sinatra Tunes 2:15 Wine & Cheese Social 2:45 Bingo 3:00 Coffee & Tea 6:00 Movie</p>	<p style="text-align: right;">30</p> <p>8:30 Physical Therapist 10:15 Independent Crafting 11:00 Exercise 11:30 General Store Open 1:00 Rod Stewart Tunes 2:00 Nancy's Trivia Favorites 2:30 Coffee & Conversation 2:45 Bingo 6:00 Saturday Movie</p> 

Activity Schedule is Subject to Change.

Rev. 10/31/19