



Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs

Monday



-Lunch-

Chef's Choice: *tomato soup, grilled ham & cheese on oat bread, chic pea salad & dessert cart*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: apple stuffed veal, baked yams, cauliflower

Dinner By Sea: baked basa filet

Dessert: cherry marble cake

Tuesday



-Lunch-

Chef's Choice: *cheese & potato soup, grilled chicken with sundried tomatoes over mesclun salad & butterscotch*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: glazed pork tenderloin, rice pilaf, roasted squash medley

Dinner By Sea: baked tilapia

Dessert: choc chip iced cake

Wednesday



-Lunch-

Chef's Choice: *hearty vegetable soup, philly cheese steak with mushrooms, onion rings & fresh fruit cup*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: linguine & clam sauce, Italian bread, bettered zucchini sticks

Dinner By Sea: grilled tuna steak

Dessert: cheese filled danish

Thursday



-Lunch-

Chef's Choice: *onion soup, sausage, egg & cheese on English muffin, artichoke salad & peach cobbler*

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: beef stronganoff, egg noodles, glazed carrots

Dinner By Sea: baked haddock

Dessert: chocolate loaf cake

Menu is for the week of Monday November 4, 2019 thru Sunday November 10, 2019



Friday



Island Bistro Breakfast

-Lunch-

Chef's Choice: 3 sisters soup, pizza & dessert cart

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Chef's Choice: Boston baked cod, au gratin potatoe, roasted brussel sprouts

Alternate: kielbasa with sauerkraut

Dessert: cherry turnover

Saturday



Island Bistro Breakfast

-Lunch-

Chef's Choice: mushroom barley soup, chicken salad on mini Kaiser roll, pasta salad & watermelon

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Dinner By Land: roast beef, mashed potatoes, sweet corn

Dinner By Sea: baked catfish

Dessert: cheese cake

Sunday



Island Bistro Breakfast

-Lunch-

Chef's Choice: chicken noodle soup, California tuna platter with banana bread, cole slaw & ice cream

Sandwich Board: freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

-Dinner-

Special Dinner: ravioli wit Italian sausage, garlic bread

Dinner By Sea: baked flounder

Dessert: lemon meringue pie



Island Bistro Breakfast

Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any style- your options are endless!

