



*Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs*

## Monday



### **-Lunch-**

**Chef's Choice:** *tomato soup, grilled turkey & cheese on oatmeal bread, potato salad & dessert cart*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** veal with peppers & shallots, rice & beans, glazed baby carrots

**Dinner By Sea:** baked basa filet

**Dessert:** strawberry cake

## Tuesday



### **-Lunch-**

**Chef's Choice:** *ham & split pea soup, breaded chicken over mesclun salad & chocolate mousse*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** Rosemary roasted pork loin, baked Yukon potatoes, French cut green beans

**Dinner By Sea:** baked haddock

**Dessert:** red velvet cake

## Wednesday



### **-Lunch-**

**Chef's Choice:** *hearty vegetable soup, Philly cheese steak, French fries & fresh fruit cup*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Chefs Choice:** chicken cacciatore, rice pilaf, cauliflower

**Alternate:** baked red snapper

**Dessert:** cherry cheese danish

## Thursday



### **-Lunch-**

**Chef's Choice:** *butternut squash & apple soup, spinach & cheese quiche, artichoke salad & chocolate chip cookies*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** beef stew, biscuits

**Dinner By Sea:** grilled swordfish, baked potato, sweet peas

**Dessert:** Pecan danish

*Menu is for the week of Monday January 13, 2020 thru Sunday January 19, 2020*



## Friday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** 16 bean soup, pizza & dessert cart

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Chef's Choice:** shrimp newburg, buttered noodles, asparagus

**Alternate:** grilled ham steak with raisin sauce

**Dessert:** chocolate loaf cake

## Saturday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** mushroom barley soup, roast beef hero, cole slaw & fresh fruit cup

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** ¼ chicken, roasted sweet potatoes, broccoli

**Dinner By Sea:** baked tilapia

**Dessert:** choc chip cheese cake

## Sunday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** chicken noodle soup, hot dogs, sauerkraut, baked beans & ice cream

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Special Dinner:** stuffed shells, Italian sausage, marinara sauce, garlic bread

**Dinner By Sea:** baked flounder

**Dessert:** assorted pies



## Island Bistro Breakfast

### Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



#### Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



#### Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any style- your options are endless!

