



*Our attentive wait staff serves three meals daily in our stunning Island Bistro, where Chef Joseph can modify menu choices to fit your lifestyle needs*

## Monday



### **-Lunch-**

**Chef's Choice:** *tomato orzo soup, Monte Cristo sandwich, mushroom salad & dessert cart*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** veal with peppers and onions, roasted Yukon potatoes, roasted sweet peas

**Dinner By Sea:** baked basa filet

**Dessert:** pineapple upside down cake

## Tuesday



### **-Lunch-**

**Chef's Choice:** *cream of asparagus soup, breaded chicken over Mesclun salad & chocolate pudding*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** roasted pork loin, rice & kidney beans, roasted squash medley

**Dinner By Sea:** baked catfish

**Dessert:** triple chocolate cake

## Wednesday



### **-Lunch-**

**Chef's Choice:** *hearty vegetable soup, hamburgers, sweet potato fries & fresh fruit salad*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Chef's Choice:** linguini and clam sauce, garlic bread

**Alternate:** chicken caprese, linguini with garlic and oil

**Dessert:** lemon crunch cake

## Thursday



### **-Lunch-**

**Chef's Choice:** *butternut squash & apple soup, baked Western omelet quiche, chic pea salad & chocolate chip cookies*

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### **-Dinner-**

**Dinner By Land:** beef stew, biscuits

**Dinner By Sea:** baked salmon, baked potato, cauliflower

**Dessert:** chocolate loaf cake

*Menu is for the week of Monday March 23, 2020 thru Sunday March 29, 2020*



## Friday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** mushroom barley soup, gnocci with creamy tomato basil sauce, Italian bread & dessert cart

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Chef's Choice:** home style haddock, barley pilaf, asparagus

**Alternate:** ham steak with raisin sauce

**Dessert:** cherry turn over

## Saturday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** country lentil soup, sloppy joe on a roll, onion rings & fresh fruit cup

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Dinner By Land:** chicken wings, au gratin potatoes, broccoli

**Dinner By Sea:** tilapia

**Dessert:** cheese cake

## Sunday



Island Bistro Breakfast

### -Lunch-

**Chef's Choice:** chicken noodle soup, shrimp salad platter with cole slaw & ice cream

**Sandwich Board:** freshly sliced cold cuts, egg, seafood, chicken or tuna salads. Grilled cheese garnished with bacon, caramelized onion, mushroom & tomato

### -Dinner-

**Special Dinner:** ravioli & Italian sausage, garlic bread

**Dinner By Sea:** baked founder filet

**Dessert:** assorted pies



## Island Bistro Breakfast

### Served Daily

Assorted juices & a selection of regular or decaffeinated coffee & teas



#### Starters

freshly baked breads, seasonal fruits, select breakfast meats, and assorted yogurts with hot and cold cereals



#### Made To Order

allow our chef to customize a breakfast to fit your tastes. Tailor an omelet, French toast, breakfast sandwich, pancakes, waffle, eggs any



style- your options are endless!